How different is your FYP from your friends' FYPs?

Have you ever created "Day in my Life" or POV (Point of View) content?

When was the last time you posted a photo of yourself that wasn't edited?

Have you ever shared private information with ChatGPT?

What kind of content do you like to consume most?

Which app could you no longer imagine your life without?

What annoys you about social media?

What do you mainly use YouTube for?

How many followers would you like to have?


Digital Reflections

How often do you check the notifications on your phone?

What's your favorite emoji when texting?

What would you do if a creator you like started sharing racist content?

How often do you use the "Save" feature on TikToks you like?

How much time do you spend choosing music for your videos?

Have you ever met someone in person whom you got to know online?

Have you ever experienced a private post/message being shared without your permission?

How long could you survive without the internet?

How often do you still check your phone at night?


Digital Reflections

Have you ever bought something that was advertised to you on social media?

Which of your group chats do you like, which not? Why?

How openly do you talk to your parents about your social media experiences?

Have you ever bought something in a Roblox game?

How do you react when your FYP (For You Page) suddenly shows content that doesn't match your interests at all?

Have you ever watched a video several times just to influence the algorithm?

Have you ever discovered a fake profile of yourself or someone you know?

Have you ever done a livestream on TikTok, or would you be up for it?

What was the first social network you were active on?


Digital Reflections

What app would you develop if you could?

Have you ever argued with strangers in a comment section?

When was the last time you completely logged off social media?

What was your first profile picture on a social network?

Have you ever spent money on an in-game currency?

Which filter do you like to edit your photos with most?

Have you ever worked on a Google Docs file together with friends?

Have you ever programmed something yourself? Would you like to be able to?

Have you ever noticed social media making you sad or unhappy with yourself?


Digital Reflections

What kind of comments do you leave most often on social media?

How often do you watch your followers' stories on Instagram?

Which account would you like to interact with more, but don't dare to?

How often do you change your profile picture?

Which online trend have you never understood?

Have you ever used a filter to change your appearance?

Do you prefer sending voice messages or texts?

On which apps do you feel most inspired? Why? On which topics?

What was your highest level in Fortnite?


Digital Reflections

Roughly how many tabs do you have open in your browser right now?

How often do you change your status on WhatsApp?

Have you ever clicked the “Not interested” button? How did your FYP change afterwards?

Have you ever received negative comments on one of your posts? How did you react?

Which TikTok trend did you find the most pointless, but joined in anyway?

What do you use the internet for most often?

Which meme keeps popping up for you right now?

How many unread messages do you have right now?

Do you create content? If so, what kind? If not, why not – or what would you like to make?


Digital Reflections

How many streaming services do you use?

Have you ever been mentioned in a Twitch stream?

Is there someone whose stories you always watch but never like?

Do you use Pinterest for inspiration or to pass the time?

What's your favorite streaming service?

Have you ever been excluded or blocked from an online group?

Have you ever taken a break from social media?

Have you ever made a duet TikTok with someone you don't know personally?

How long was your longest gaming session?


Digital Reflections

Which famous person would you like to chat with?

Have you ever searched for a hashtag? Which one?

On which platform do you feel most at home? Are you part of a community there?

Do you sometimes wish for a time without social media?

How many Spotify playlists have you made yourself?

Have you ever joined in on a TikTok trend?

Have you ever taken part in a Twitch charity stream?

How many hours have you spent in Minecraft so far?

How do you take part in online discussions? Commenting? Liking? Disliking?


Digital Reflections

Which app do you open first in the morning?

When did you last check your privacy settings?

Which TikTok sound can't you get out of your head right now?

When was the last time you deleted/reported a comment?

Have you ever regretted a message you couldn't take back?

Have you ever started your own YouTube channel?

How much time do you spend on TikTok every day?

How many YouTube Shorts do you watch every day?

Have you ever shared your Spotify Wrapped with others?


Digital Reflections

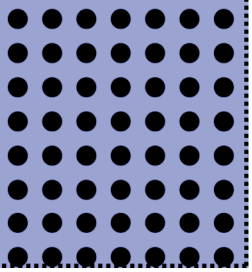
How do you react when a friend is attacked online because of their gender?

Have you ever mistaken AI-generated content for real?

Have you ever not posted something because you were afraid of the reactions?

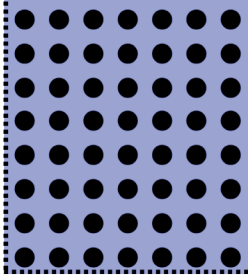


Have you ever stood up for someone who was being attacked in the comments or chats?

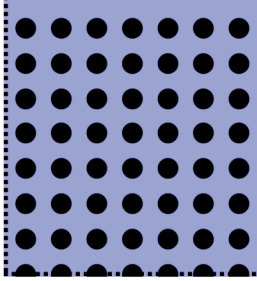


How do conversations online differ from the ones you have with your friends in real life?

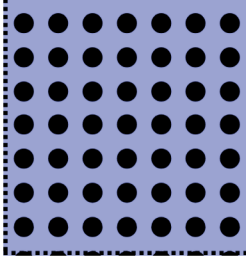
Has unpleasant content about you ever been shared in a group chat? How did you react? How would you react?



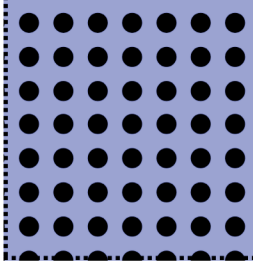
What have you liked/commented on TikTok just so the algorithm would show you more of it?



Can you concentrate well when your phone is lying next to you?



How do you react when you notice someone you know spreading fake news?




Digital Reflections